

The Bugle Magazine

Serving Lowestoft, Beccles, Bungay, Halesworth & Southwold areas



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The world tiger population has INCREASED for the first time in 100 years!
Great news indeed

Welcome to the August Bugle!
This month we have a Grumpy Old Man and a Grumpy Old Woman too!!
Enjoy

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Welcome to The Bugle Magazine

Hello everyone.

Welcome to the August edition of The Bugle. Our on-line presence during this Covid malarkey has increased with many people signing up to our Bugle email pdf delivery service, which is proving very popular. If the situation regarding lock down easing continues, we plan to go back to print for the September edition. We are mindful however, that print numbers may be a little less than they were prior to Covid. If the expected 2nd wave hits then obviously this may not be possible.

Going forward we will continue to promote downloading the magazine from our website and encouraging readers to go on our email distribution list to receive their copy every month straight into their email inbox. (Free service)

As well as the magazine being able to be downloaded from our website as a pdf copy and our ever-growing email list to ensure you get the magazine delivered to your inbox, we are also aware that many people prefer a paper copy to

hold in their hands to read and keep. To this end you can sign up to receive your paper copy every month as soon as *printing resumes*. The cost is £15 per year to cover postage and you can get on the postal list by phoning us on 01502 578074 or emailing us at: the.buglemag.co.uk

If you are a Facebook user then you can send us a message to our page.

During August we will post on our Facebook page (The Bugle Magazine) and on our website, the progress we are making on advancing the distribution of the magazine in both download/pdf email and the printed form. We are looking forward to hopefully printing for the Sept edition.

Don't forget to continue to send us interesting articles about what is happening in your town or village. Stay safe and Happy!

Anna & Neal

Gunton Woodland Burial Park

Gunton Woodland Burial park is situated at the end of Gunton Church Lane in Lowestoft. We are now in our fifth year and many families are beginning to choose our natural, woodland setting to lay their loved ones to rest. Our burial and ashes plots are available to be reserved for the future and equally they can be purchased at time of need. Full burials can take place by arrangement through your chosen Funeral Director. The interment or scattering of ashes can be arranged directly through us here at the office.

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BECCLES PUBLIC HALL & THEATRE

After what seems like a very long 4 months Beccles Public Hall will be opening its doors again. Our Box Office will be up and running from Thursday 6th August. A counter top protection screen is being installed and all social distancing measures plus hand-sanitising stations will be in place. Opening times are Thursday, Friday, Saturday 10am – 1pm to buy tickets in person or on 01502 770060

From the 5th September we are showing on Saturday and Wednesday evenings starting with 'CATS' in which an all-star cast bring the magic of Andrew Lloyd Webber's famous stage musical to the silver screen. Other films in September include 'Knives Out' - a great Whodunit, 'Downton Abbey' and the 'Take That Progress Tour' filmed Live Concert. Hopefully something for everyone.

To ensure social distancing the Hall will be set up cabaret style with tables and chairs. So book two tickets and you will have a table for two or if you book four tickets we will set you up a table for four. Our bar will be open before the film starts providing table service only. What a relaxing evening – watching a great film on the big screen enjoying a bottle of wine or a refreshing pint – perfect!

Pick up our September What's On for all the details or visit www.becclespublichall.co.uk where you can also purchase tickets



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The Waveney Centre Beccles is re-opening

The WAVENEY CENTRE in New Market, Beccles is re-opening on Monday 10th August - Monday to Friday 9.30am to 12.30pm. We will have a one-way system in operation with lots of sanitising points and socially distanced seating - we really look forward to welcoming you back - it's been a long time and we cannot wait to see you all again - the wearing of face coverings is encouraged but not compulsory, although you will see all staff/volunteers in them.

Screens have been installed on the canteen and we can offer limited refreshments, which will be served in disposable cups for the first few weeks. We would ask that you bring as little as possible with you into the Centre.

We will not be accepting any donations of clothing or bric-a-brac etc as we do not safely process at the moment. Please be prepared to give your contact details at the door (we must take these for you to be able to enter the premises and will be kept for the regulatory 21 days). We ask that you do not move any furniture, it has been laid out to ensure your own safety and we may have to restrict numbers during busy times. Should you need to access with a mobility scooter, then please ring bell and wait at the door to be safely shown in to an allocated table.

It will be strange to start with, but let's take small steps together in safety for you and us, and in time, we can get back to our fun and shared activities.

Any queries please Email: wavcenbec@outlook.com or Tel: 01502 712473.

Beccles Library is open but with a very different service than you are used to.

The opening times have also temporarily changed. Select and Collect will be running in all Suffolk Libraries that are able to open.

The service will focus on books, audio books, DVD and CD borrowing. We will be using the stock that is in our library initially, and hope to start sharing stock with other libraries when it is safe to do so. As such, customer selection will be limited and borrowing will be reduced to 10 items from the current 20.

To access the Select and Collect service please email the Library any time on beccles.library@suffolklibraries.co.uk or phone us on 01502 442820 during our new temporary opening times of 11am - 3pm Monday, Tuesday, Wednesday, Friday and Saturday.

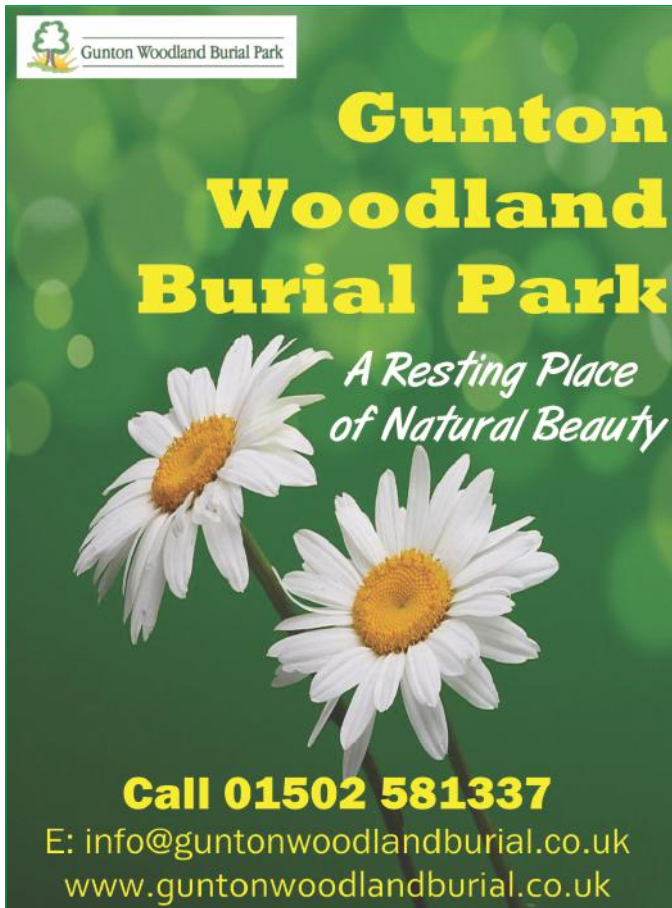
In your communication please let us know how many items you would like (max 10) and what type of item you would like to borrow. We will contact you when your items are ready to pick up. You may also drop off any that you have at home.


If any of the items are not to your liking you need not take them out.

We look forward to seeing you again.

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Jeff Cooper



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Beccles Antiques Market on The Quay

It's a real pleasure to let you all know that the Beccles Antiques Market will be back, but with a different date and venue.

The market will be relocating down to the Quay at Beccles in order to implement social distancing which currently is just not possible in Beccles town centre. There will be the usual amount of great professional dealers, approx 100 in total selling a good selection of antiques, retro and collectables, including furniture, glass, silver, postcards, pictures, clothing, jewellery etc, plus a food village, serving hot and cold food, with plenty of open space to sit and eat.

It is free entry and as well as the pay and display car park there will be some additional parking available at the Quay site for a small charge of £1.50.
Sat Nav NR34 9BB.

All enquiries Tel 01502 711174.

Follow the market on Facebook @antiquesmarketbeccles for all updates and information.



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Director:
 Mel Nicholls

Local mum launches well-being support service for families worried about their children.

Mel Nicholls is a local mother of two who has worked with children with additional needs for more than 15 years. I was a young mum who had to work hard to juggle the multiple demands of bringing up two children while working and developing her career. Despite many challenges Mel successfully gained her degree in Child Development in 2010 and has forged herself a career supporting some of the most complex and hard to reach children.

Now that her own children have grown up and launched successful careers of their own, Mel has decided to take another brave step in her personal development as she launches her own business in July. MN Well Child Support is a service for local parents who are worried about their child and want some additional help with strategies and building well being in the home. Mel will be using her extensive experience and skills to help families tackle the many worries of bringing up children in our modern society. Working across Lowestoft and local towns, the new service will provide weekly one to one support sessions in the homes of families who are struggling.

Mel said: "I am so excited to be able to use my skills and experience to support local children and families. Having grown up in Lowestoft and raised my family here, I feel I have a great opportunity to truly understand the worries and concerns that local families experience. I have had to deal with many issues in my working career with a wide range of children from 4 to 16 yrs and I am really looking forward to being able to share that experience with new clients in my new business."

Although the service will start as a part time venture for Mel, she is hopeful that the demand will be sufficient to make the business a thriving success over the next few years.

MN Well Child Support can be contacted on 07756035070 or emailed at info@well-child.co.uk For more information about the services Mel offers go to www.well-child.co.uk

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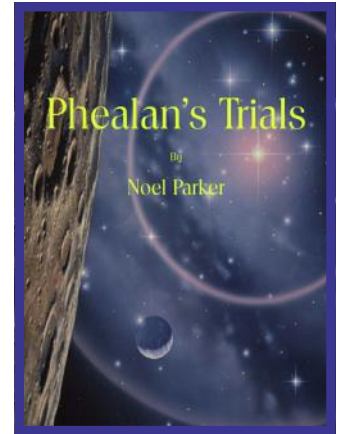
By the end of March, a lot of us, including myself were forced to stop our normal course of employment. My business, as a self-employed person, stopped dead. I wondered what I would do with all that time on my hands? I got to thinking about what up until last month, I considered a hobby; writing. Since 1989, I have written; stage plays, radio plays, short stories (two of which were published and one of them a prize winner) and Novels. When manuscripts were sent in hard copy, and eventually via CD format, it was a long and arduous task. Even the BBC, were difficult to communicate with, so I got on with doing the easier stuff. Since then the advent of kindle and other forms of e Publishing, novel distribution has become so much easier.

So, I pulled up the original, typed versions of the first in a trilogy of books. A trilogy that I have had in my head for over 14 years, and had barely put one third to paper. The original draft needed much attention. I read through the novel and changed a great deal. I was very surprised at how differently I write and speak now, to back then. I almost re-wrote the whole thing! When I finally finished it, I gave the preface and first three chapters to several of my friends and associates, all of whom I trusted to give me an honest opinion regarding my efforts. Every single one of them, and I meant that, enjoyed the parts they read, and to a man (and woman), wanted to know 'what happens next!'. That for me was the proof that I needed to convince me the book was finished. A very good friend of mine proof-read it for me (he had the necessary skills to see any and all faults in; grammar, syntax, continuity and consistency).

I am now proud to say that you can find the finished work on Kindle Books, under the title, "Phealan's Trials" if you open up amazon kindle books. I write under the pseudonym of Noel Parker.

For me this has been more than an alternative means of potential income, or something to do to beat the boredom. It is about not letting Covid 19 rule my life. This pandemic has had a devastating impact on all of us, some more than others. Moreover, it has taught us not to rely on what we have as being there indefinitely. I was on the verge of closing my business down, as so many have been forced to do, and join the ever growing number of unemployed. As with the main character in the novel, I was faced with an alternative; give up or keep trying. I chose to keep trying. I may still not be successful, but I refuse to accept that we as a species cannot defeat Covid 19, with a little help from those around us.

I hope that some of you Sci-Fi buffs enjoy it. Saying that, the struggle Phealan goes through, is more about overcoming barriers, unjustly put in his way by greedy people.



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Your Letters to The Bugle

Dear Bugle

The readers of this magazine will by now know how local historical archives in Suffolk have been raided for inclusion in the HOLD on the Ipswich waterfront. This is proving to be a be an undistinguished and costly exercise in demonstrating to the tax-payers and lottery players of the county how their hard earned money is being misspent. Historical documents in local archives such as Lowestoft, Beccles & Bury St. Edmunds have been removed to fill the new HOLD building on the Ipswich Waterfront some time later this year. The estimated cost for this exercise was £20 million made up of monies from, the Heritage Lottery fund (to their shame), the Coastal Communities Fund (Ipswich by-the-sea) plus £5 million from Suffolk County Council - i.e. the taxpayer.

A trawl through the SCC published expenditure account shows some of the costs already incurred. They include furnishing £88,460, book protection-detection system £6,700, a relocation contract £90,000 plus other strange expenses for artificial flowers £6,000 and a Lego model for £8,000.

Staff costs will be circa £560, 000 plus a commercial officer for the HOLD is being sought, a post which carries a salary of some £32,000 per annum. It has been noted that there are two main drivers for the project. To help Ipswich achieve city status and to provide Suffolk University with a research facility to improve its ranking. The irony of the latter is that Suffolk University has degree courses running in the East Suffolk College. There are potentially 25 in total and now they don't have local research facilities. Despite SCC statements to the contrary all the local historical archives were perfectly safe, well-managed and most importantly accessible to their relevant communities who created them. The HOLD project is now predicted to be considerably over cost with the excess coming from reserves.

Therefore, despite the current extreme demands on SCC finances with a £23million shortfall on coronavirus, money is still being poured into the HOLD. The local tax-payers foot the bill while their historical archives & heritage have been removed solely for the vanity ambitions of Ipswich.
Norman Castleton

Dear Bugle

As one who likes to believe and try "old wives tales" your article last month on the use of cucumbers fascinated me, particularly as the garden is currently under invasion from slugs.

Normally we would have the benefit of a hedgehog but this year we seem not to be attractive enough to them for some unknown reason despite cutting holes in neighbours fences to allow them free access! In searching my garden shed I found an aluminium plate which as instructed was the correct material for creating the odour which is so repulsive to slugs, and so that very evening it was put in place beside a tub of French marigolds which were being shredded. I was compelled to look before retiring for the night and sure enough my marigolds were totally free of slugs which initially pleased me but on looking at the so-called deterrent there seemed to be a feast going on. (See Picture) Need I say more about the so-called deterrent!

Naturally, I was reluctant to try the other remedies but did have a shot at the wrinkles and am most certainly not going to send a picture of the results for fear of offending your readers!

Regarding hedgehogs, I recently heard a lovely story of a lady who has 3 hedgehogs in her garden despite never having seen them. When asked how she knew, she replied that she puts 3 individual plates of food out every night and in the morning, all has been devoured by the 3 hedgehogs!

True tale, believe it or not!

Your sincerely Terry W



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So, What Is Normal?

with Alice Taylor - Historian & Author



The big question now as lock down eases up is "what is the new normal?" Every one of us has a different experience with this lock down and going back to normal (whatever normal is) is going to be an individual journey. My life as a shielding pensioner who received the "don't go out or you will die" scary letter from the NHS is a lot different from the experiences of a stressed young parent with a mortgage, a job and kids to take care of and who never had the option of hiding in their kitchen.

So some of you have been out and about the entire time because you had to. Leaving the house and "getting back to normal" is going to be easy, because you never left "normal". Shove a mask in your pocket and you're ready for the new world. For others like me, getting out is going to be harder and more of a process, both psychologically and physically.

But getting out and braving the shops and restaurants is absolutely necessary and not just for practical reasons, but for psychological reasons. We can't live in fear and we can't stay stuck in our homes. Every one of us is going to make decisions about what level of mixing we can tolerate and still feel safe and how quickly we want to ease back into community life.

Shops are opening up, cafes are setting out tables, markets are setting out their stalls and from what I see, everyone is trying very hard to do the right thing and make their shops and businesses as safe and friendly as they can. I truly appreciate the hard graft and expense that struggling shopkeepers have put into making opening up again a success.

My part of this grand reopening is simple. I'm going to wear a mask when I'm out even though I know some people can't and others won't. I'm not going to worry about what others do, but do the right thing for myself. I won't "mask shame" other people because that won't do any good for me or anyone else. I will make liberal use of hand sanitizer and keep a good social distance from others.

But what I'm not going to do is stay shut in my house. It's time to get out.

Picture: Beccles Lido

See their Facebook page : Beccles Lido



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The Grumpy Old Man

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Supermarket Sweep

All through this so-called pandemic which has so far left this area largely unscathed, the giant supermarkets have relentlessly taken us for a ride with price rises on just about every item almost every week. They may give excuses like poor supply or extra miles to get it into the store but I am an old cynic who does not believe all the corporate bull - and neither should you. My dear Mrs Grumpy has returned from the horrible shambles of supermarket shopping each and every week absolutely appalled at the both the regularity of price rise and by how much each price is being hiked.

The supermarkets think they have a captive audience. Suddenly it wasn't supermarket corporates fighting each other for customers - it was the customer hoping that they could actually get in a supermarket to get their food. The supermarkets realised that they had an opportunity to stick it to us - and they certainly did - making hay whilst the sun shone and the fear factor was high. People left these stores happy to have been able to get the goods, but with a much emptier purse.

I for one certainly hope that the people remember these corporate giants and start shopping with local producers, farmers, market gardeners and small local shops in general.

TV Licenses

Thank-you BBC for your unrivalled left-wing bias and for toeing the government line on all the

Coronavirus scare-mongering. Thank-you BBC for unceremoniously getting rid of Andrew Neil - probably the best interviewer you ever had. He is a man who will say it as he sees it and he stood head and shoulders above the rest. Compared to the likes of Andrew Marr and Fiona Bruce who shamefully keep to the BBC script he was the last person who should have been sacked - sorry 'let go'.


I can't wait for the BBC License fee to be abolished. It is an outdated mode of forced membership to an organisation of left wing, woke pandering nannies who, if they had to live in the real world instead of being propped up by the forced taxation of the masses.

They ruined Top Gear on a whim - destroyed Dr Who with a blatant woke and PC agenda that turned the viewers away in droves. To top it off, if you don't pay for a license the BBC will tell their enforcers who will relentlessly pound on your door and demand entry to check if you have a telly capable of picking up auntie.

Questions should have been asked long ago about the outdated funding model for this monolith but the gravy train rolls on.

Come on Boris, stop forcing people to pay for what they don't watch. I for one fully support the removal of license fee funding for the BBC and can't wait to watch it stand on its own left wing, cancel culture, woke and wobbly two feet.

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SPIRITUALISM & MEDIUMSHIP WITH ALEX LOVELOCK



Throughout history people from all walks of life, from different countries have had an interest in the afterlife, cave dwellers drew images of aliens and spacecraft, which resembled flying saucers on cave walls. North American Indians believed in the spirit world. Modern day spiritualism came to the fore in 1848 when the Fox sisters and their family

heard unexplained noises including mysterious rapping sounds. In 1888 Margaretta came clean and explained how she and her sister made the rapping sounds, although fabricated, their story intrigued people including scientists of the era, now everybody wanted to communicate with the dead.

The year is 1863, this is the Victorian era. Queen Victoria's reign began twenty-six years earlier. It was around this time news leaked out that the Queen of England held regular seances at Windsor Castle. When Prince Albert died Victoria was distraught. The love of her life had gone. What would she do? She had been interested in the occult, mysticism, séances, all things esoteric for many years. Victoria searched for mediums; she was introduced to a thirteen-year-old boy who claimed he could channel Albert. This he did.

During a séance Victoria was told a new medium would be used, this new medium would be John Brown, Victoria's personal attendant. After several seances The Queen knew John Brown wasn't a fake, how? because it was Albert's voice coming from the mediums mouth. Things were said that only Albert would have known about.

Many seances were held in the blue room at Windsor Castle. These are just two of many accounts of how modern-day spiritualism began.

To many people their introduction to spiritualism is by visiting a spiritualist church.

They will be able to watch a medium work, they may even get a message from a loved one in the spirit world. This is OK for a while but if like me you want to know more about the other side of life then you need to look beyond the spiritualist church.

The most common type of mediumship is mental mediumship, this is where images are put into the mind of the medium, also by sensing, feeling the spirit communicator. The medium then passes said information to the sitter who must decide if the information is correct.

Physical mediumship is another much rarer form of communication but for me the most evidential. Not everybody would agree.

Most but not all physical mediums sit in a séance cabinet with the séance room in complete darkness, apart from the use of a red light when told to switch it on by the spirit control, some say this could encourage fraudulent activity.

I have had physical phenomena happen during my demonstrations in the light. Physical phenomena can involve rapping and tapping sounds, table tipping, this is popular as the sitters, if they wish can participate in this phenomena, asports, where objects disappear, apports, objects appear in the room, sometimes appearing in a sitters hands.

Transfiguration. The mediums face and features can be seen to change, a sitter may recognise the spirit that is overshadowing the medium.

Direct Voice. The medium normally in deep trance. The spirit guides build a voice box using ectoplasm produced by the medium which allows voices of the spirit people to be heard by everybody in the room.

Ectoplasm - a gorse like substance is produced by the medium, it can appear normally from the mediums mouth. Spirit can often be seen to materialise in the ectoplasm.

These are the basics and my thoughts about mediumship, not everyone will agree I'm sure but I feel this is the easiest way to explain the phenomena.

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South Green Southwold Soirees with Nathan Williamson

Magnus, Marije and myself have been delighted at the wonderful rapport shared with you, our loyal audience, who over the last few months have supported our informal musical evenings on South Green, Southwold with such kindness and encouragement.

The release of lock down restrictions means that we will mostly be away for August, spending much needed time with families and unusually distant friends. But we will be back on South Green for most Thursdays in September. Anyone who wants to be kept directly informed is welcome to drop a quick email to info@southwoldmusictrust.co.uk to be added to our emailing list. We also post on social media, including Next door.

Inevitably, there will come a time in the autumn when even the most devoted music lover would not wish to stand outdoors to hear us play – but it is still likely that safety concerns will prevent the use of public venues such as the church.

We have therefore come up with the idea of 'Southwold Soirées' – small informal concerts in our and other friends' homes for audiences of 6, 8, 10... as many as allowed. Space will naturally be limited in such settings, but there is no reason why we shouldn't perform several times in quick succession, if there is demand. (None of us is playing anywhere else, after all...)

We are going to keep a close eye on how policy regarding social gatherings develops over the coming weeks and will make further announcements accordingly. But up close, personal concert settings are really thrilling, and this idea might just give us all a chance to carry on enjoying live music-making after the weather dives us indoors.

Feel free to email as above if you want to discuss anything further or just to be kept informed.

Thank you again for your support.

There are two types of people in this world. People who think the government is looking out for their best interest & people who think.

-Nathan Fraser

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Ladies and Gentlemen may we present - our very own

GRUMPY OLD WOMAN

What the mainstream media hates - an alternative view!

Cash is King?

Having been shamed in one of our local takeaways for using currency to pay for a coffee, I realise cash is no longer King. There appears to be a real big shove towards a cashless society under the guise of COVID19. Going back through history, we have in fact been using currency for at least 3000 years. Using a debit card to pay for a £1.65 coffee will have my bank statements looking like a chapter from a book. So I am boycotting this shop and others that insist on card payments for teeny weeny purchases.

Pensioners and many low earners do not have bank accounts so is further marginalising these people from our alleged democratic society. Cash allows for 'off the grid' space and stops banks harvesting fees and your personal data. A cashless society has major surveillance implications and the potential to freeze all your hard-earned money in a computer glitch.

'The UK government has chosen to champion the digital financial services industry. This is irresponsible and disingenuous. We need to stop accepting stories about the cashless society and hyper-digital banking being "natural progress". We must recognise every cash machine that is shut down as another step in financial institutions' campaign to nudge you into their digital enclosures.'

I overheard a woman asking a shopkeeper if she had washed her money as she handed her some change. I've heard of money laundering...but really? The only thing washed here is the brain of the woman. The UK government and the narrative around COVID19 is a serious form of brainwashing of believing that everyone and everything is contaminated with the virus.

Masking and muzzling?

Is this a freedom of choice? Apparently not anymore. Its sad when we now see our local community as a potential death threat and our shops as hives of infection. If it was that serious to

wear a mask, why didn't it take place with immediate effect from the start?

How many people have been infected or died in the last ten days since the mandatory order was issued?

Why can we go to the pub but have to mask up to buy a loaf of bread? Why can we now go to the gym but have to wear a mask whilst going through the reception and changing room? But low and behold, we can remove it while exercising? Medical 'experts' are NOW telling us that wearing a mask does not deplete oxygen or make us re-inhale our carbon dioxide but we can sweat and dribble freely with others in an exercise class unfettered by a muzzle. Surely this is an area where we would be potentially contaminated by other gym users 'infected' spittle.

Facebook have now de-platformed another group for pointing out these contradictions as 'misinformation'. The government's ambiguity is misinformation. We can't continue to 'muzzle' or censor reasonable debate to simply silence anyone who doesn't agree. But it appears we can with all the most of the national 'rags' following suit. Mandatory house arrest, mandatory job loses, mandatory vaccines, mandatory fines, mandatory silence and mandatory deaths for what? Not complying with the ever changing contradictory narrative?

There are also sound scientific reasons for not wearing a mask if one cares to look but mainstream media has removed ALL this evidence. The 'Be Kind' notices are all around us because of our increasingly lack of tolerance for each others differences and levels of intelligence. It's called divide and conquer.

If wearing a mask makes one feel safe and ultimately protected, why worry about anyone not wearing a mask? After all its the mask users who will live and the 'non-mask' wearers will 'suffer'?

Live and let live.

Solve the problem or leave the problem – don't live with it

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THE HOLD - FROM ARCHIVES ARK TO SUFFOLK BLOODSUCKER by Bob Collis

In January 2018 Suffolk County Council announced their decision to close Lowestoft Record Office. Falling visitor numbers, a waterlogged strong-room and the need to preserve unique records were cited for the closure.

Kate Chantry, the boss of the Suffolk Record Office (now re branded "Suffolk Archives") and who ironically began her archives career in Lowestoft, had been dreaming of a super archive in Suffolk since 2011. After two knock-backs the way ahead came with the National Lottery Heritage fund. A grand, super archives building at Ipswich Waterfront was the vision. The Council, completely seduced by the concept and its grandiose nature were taken in. It would be the jewel in the county town's crown, an advert for the Ipswich city-status bid.

But the grand plan had omitted one small detail. Nobody in Lowestoft or Waveney had been asked, let alone consulted about, the planned changes. From the moment the decision was announced, the lies began.

The costing for the removal of the Lowestoft records had already been factored into the lottery bid. Thus, the online "consultation" and the suggestion of alternative archives sites were all red herrings deliberately introduced to try and appease the growing public unrest in NE Suffolk until the removal could take place.

Two and a half years and £11m of lotto players money later, some 84 million documents are still languishing in strong rooms across the county because "The Hold" is not ready. When the public will be able to view those archives again is anybody's guess, but with CV19 exacerbating the situation, it is highly unlikely a record office service of any description will be back in operation in Suffolk until at least Easter 2021.

"The Hold" has been likened to a runaway train. The Council have set in motion a monster, and there is simply so much money and prestige riding on this project they can neither change nor halt it now.

One of the claims in the Heritage Lottery Fund bid was that "Hold" would have "County-wide benefits" in Suffolk. In reality, over the past few months Suffolk County Council have been pouring taxpayers money into their Waterfront jewel at an alarming rate:

£6,502 for a dried flower exhibition which one Lowestoft resident described as "looking like a compost heap"

£8,250 for the first instalment of a Lego exhibition

£88,379 for loose furniture for "The Hold"

This has been on top of the £20,000 spent on a revised business plan brought about by unexpected problems during the development phase.

How can all of the above expenditure on an Ipswich-centric project possibly help the residents in Waveney, facing the added misery of having their unique archives removed by an uncaring, asset-stripping Record Office service intent on raising their political profile and bumping up tourist numbers in Ipswich?

"The Hold" a project which was touted as an ark for Suffolk's historic archives, is already months behind schedule and way over budget. It is haemorrhaging money already, and its long-term financial sustainability will very soon be brought sharply into focus.

It will not be able to operate without a 10:1 ratio of volunteers to paid staff. The tiny car park is for staff only. It will have a cafe located in an area awash with cafes and bars. Ultimately, when the Council finally decide they can't go on bailing out "The Hold" - they will have to consider alternatives. Perhaps divestiture is already on the horizon?

Those in the SORO community campaign group have nothing against "Hold" or the people of Ipswich in principle. But when they are deceived, disrespected and utterly ignored in this manner they become a dangerous and angry adversary, as Suffolk County Council and the "Hold gang" are finding out at their cost.

Doubt kills more dreams than failure ever will

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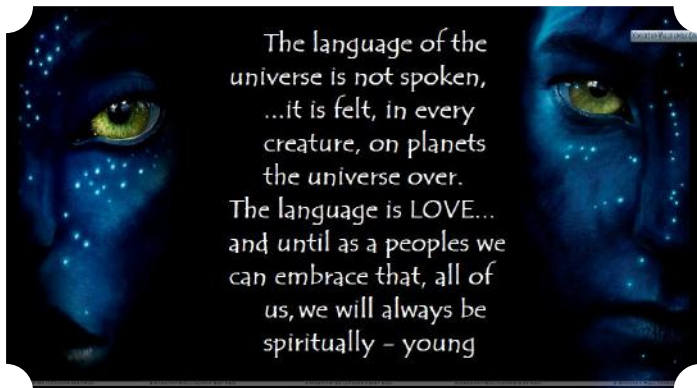
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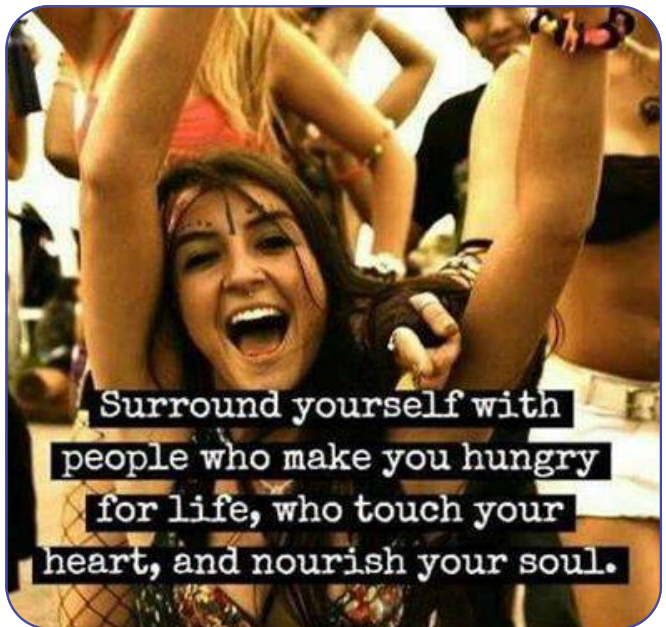


THOSE WHO LIVE IN HARMONY WITH THE EARTH HAVE ALREADY CHOSEN PEACE

Last month's mystery photo competition was the old Corn Hall Cinema that used to be located in what is now the car park of the Angel Hotel in Halesworth (no correct answers!) but what and where is this?? Email us today!



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KENSINGTON GARDENS LOWESTOFT!

We have now been back five weeks since lock down and the gardens are looking fine and dandy at last ! Two or three of our volunteers have done many extra hours and of course Robbie has concentrated on the bowling greens and they are back up to standard and look very busy again !

Everyone has been highly entertained with our pond life, peoples' concern for a mummy duck and her babies have been running rather high to the point where the fire brigade were called, mummy duck took her eleven babies into the boating lake but couldn't get out eek ! this all happened on a Sunday afternoon , but alas the kind fireman covered the duck ramp with artificial grass, clever idea, which enabled the family to get out and in, so life now is .. .do I go with the little ones to the pond or...do I stay in the boating lake - sadly, she lost 4 ducklings along the way.

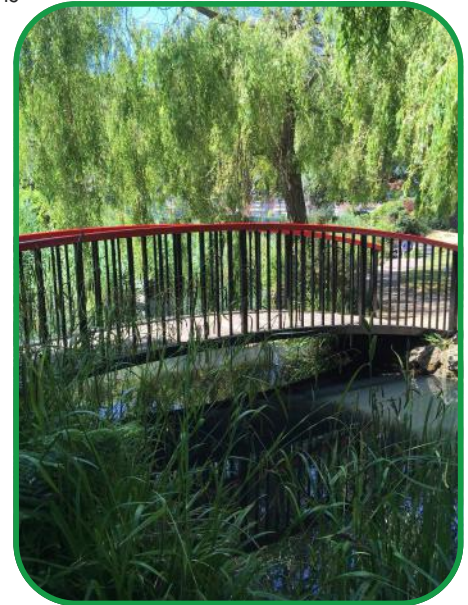
Book swapping has gone mad! Move over the library, come to Kensington gardens, we have installed an oversized bird box - made by one of our volunteers, and the idea is that you bring a book, adult or child, leave it and take one. it's situated in our quiet corner, and it's getting VERY well-used!



The sunken garden area is buzzing now, with so much wildlife in the pond to see, we have an abundance of fish along with the ducks and moorhens and all the other creepy crawlers, the bridge has had a face lift , painted in its Japanese traditional colours with a bird table to match. The fairies are still being visited by every child in the land !! and we have been given a tree fern that now stands proud in our stumpery!

The 'Friends' are at the moment creating a banner for next years First light festival 2021 , the theme is basically our ' long bed ' we have asked for people to make flowers, out of material, wool, plastic, wood , a contribution to what is going to be a very colourful look. Keep an eye out for a pre - display. Enjoy the gardens!

Find The Friends of Kensington Gardens on Facebook.



Did you know that for thousands of years Cannabis was known to be a curative herb? It was later wrongly demonised by the drug companies and lawmakers as it would damage profits! Did you know that the word Marijuana was created by the AMA to make Cannabis sound more Mexican?



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Lowestoft In Bloom with Neil Coleby

Lowestoft in Bloom is the local arm of the Royal Horticultural Association's community gardening family and also part of the annual "In Bloom" competition. Unfortunately, the annual competition has been cancelled this year due to the pandemic however our local group felt that this year more than most, gardens have been very important to people. Many people have had more time to enjoy their gardens and allotments, and for many it has been a way of coping with the massive change that the pandemic brought to our lives.

For that reason, Lowestoft in Bloom decided to go digital with the competition this year, as we can't come out and judge your plot, we thought we'd get you to send us pictures of your garden, allotment or project. We know not everyone has a garden or allotment so there is also a category for container/basket/window box or an unusual gardening project. We have also added some categories for young people as so many of them

have been encouraged to start gardening this year and obviously our normal schools' category could not be run this year.

We really want to see peoples' gardens, projects and allotments and who knows you might win one of the prizes of gardening vouchers that each of the category winners will be awarded. Details: Open to NR32 & NR33 postcode areas only

Categories: Best Front Garden. Best Back Garden. Best Window Box, planter or Hanging Basket. Best Allotment. Best Gardening Project (Under 11 years old) Best Gardening Project (11 - 18 yrs old) Best Imaginative Way of Growing Food (under 18 yrs old) Most Interesting or Successful Gardening Project (any age) Closing date August 31st.

Contact us to request an entry form by emailing: lowestoftinbloom@gmail.com or via our Facebook Page: Lowestoft In Bloom Enjoy your gardening



WHITE OWL'S WORLD

stories from the Indigenous American people

With the outbreak of what is called Covid 19 I have been invited to offer you all my thoughts on the world at this point in time. To the 'red' man it is a long anticipated event that has been a long time coming-and yet its timing seems to fit in with a long chain of events that have been becoming more obvious to those with eyes to see.

The white man demonstrated to my ancestors most adequately his desire to possess our lands at any cost and along with that desire came his willingness to kill any person or animal that stood in his way. He also demonstrated his detachment from the Earth Mother who sustains him. He did then, and he still does consider all of nature to be merely a commodity to master and destroy at will. It was not just the red man who suffered but most tribes indigenous to any country that the white man 'discovered' suffered a similar fate.

Over the last one hundred plus years mankind has indulged in terrible wars costing millions of innocent lives. People on both sides kill people they do not know and have never met. Even today the wars continue and your arms dealers and banks get rich on the killing of innocents

over possession of land and resources.

It does not stop there. Mother Earth is polluted on a scale that makes the sky brothers and sisters weep. As species become extinct and the oceans become so polluted that nothing can live mankind still blunders on. As fish, animals, trees and the atmosphere itself dies - money is still, all that apparently matters.

Even the latest 'pandemic' was apparently 'made' in a laboratory. And who knows what manner of biological weapons some countries possess. If only mankind would stop creating such disastrous things and spend time loving and caring instead.

The Earth Mother is objecting to the actions of mankind. Tsunamis, earthquakes, floods, wildfires, locusts and melting ice caps but man is blind to the warnings. The sky brothers and sisters are watching, waiting for man to change.

It was prophesied by the ancestors that at the end of this era, the white man would be standing in a sea of his own waste. It is happening now.

Mitakuye Oyasin.

And finally we wish to thank all our readers, advertisers and contributors who have continued to support our little magazine during these difficult times. Hopefully be back in print soon. And if you are reading this 2nd hand - why not go on our email list and get a pdf copy sent to you every month?

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